First Grade Overview

Health

	First Semester	Second Semester
Language Arts	 Upper- and lowercase letters A-Z Long and short vowel sounds Fairy tales and poetry Word families Printing words Phonics 	 Fairy Tales Form drawing Printing words Independent reading Writing out sentences Consonant blends Word games
Social Studies	 HISTORY GEOGRAPHY Classic fairy tales Daily and monthly cycles Yearly calendar GEOGRAPHY Navigating with a compass Mapmaking and reading maps Using a globe 	 ECONOMICS Goods and services Marketplace exchanges Saving and spending Respect Diversity
Science	 Phases of the moon Constellations Life cycle of the seed Animal observations Weather and cloud formations Seasonal animal behavior, tracks, and hibernation Deciduous and coniferous trees 	 Diurnal and nocturnal animals Forms of matter Pond and forest life Seed dispersal Pollination and bees Planting and charting plant growth Scientific inquiry Life cycle of a butterfly
Math	 Four processes Ordinal numbers 2, 5, 10 times tables Translating story problems into equations Missing numbers Mental Math Counting/Sorting Form drawing 	 Odd and even Number bonds Multistep problems 3 times tables Mental math Relationships between Equations in vertical format Cummulative property of addition
Arts & Crafts	Throughout the year, students engage in a variety of arts and crafts activities. Fine-motor dexterity and focus are developed through learning to knit, which benefits the child's developing writing skills. Highlights include making a bird feeder and nesting supply box, maintaining a seasonal display, wet paper watercolor painting, nature crafts, and creative sand and water play.	
Music & Movement	In addition to regular singing exercises, students learn how to play the recorder. Instructions and simple songs are included in Oak Meadow's <i>Beginning Recorder</i> book. Movement activities focus on balance, coordination, directional awareness, and rhythmic movements such as jumping rope.	

The book Healthy Living from the Start provides the basis for a yearlong health course. Families explore topics relevant to their child's

growth and development including nutrition, the growing body, hygiene, community, emotions, and safety.