



# Breathe!

## 12 Homeschool Reminders

1. Take it slow.
2. Celebrate every day.
3. Be flexible in your expectations.
4. Ask your student what matters most to them.
5. Remember the reasons.
6. Allow your student to help drive the change.
7. Make comfort a priority.
8. Offer safe space for your child's feelings.
9. Get support for yourself.
10. Keep your sense of humor!
11. Acknowledge all kinds of progress.
12. You are the expert on your own child.