



Oak Meadow
YOUR TRUSTED PARTNER IN JOYFUL LEARNING

Make a Labyrinth

When studying ancient civilizations in grade 6, students have the chance to create a labyrinth like the one in the story of Theseus and the Minotaur. Follow the directions below for a classical, three-circuit labyrinth, or check out [this video](#) if you want to try a more complex five-circuit labyrinth.

1. Start with a cross with dots.



2. Starting at the top of the cross, draw a loop up and to the right to the dot in the upper right-hand corner.



3. From the dot in the upper left-hand corner, draw around to the right side of the horizontal line.



4. Now draw around from the left end of the horizontal line to the dot in the bottom right corner.



5. Finally, draw all the way around from the dot in the bottom left-hand corner to the bottom of the vertical line. Your labyrinth should now look like this. It is very much like the labyrinths that have been found in the ancient Minoan culture.



Once you have drawn your labyrinth, you might like to create a labyrinth on the ground that is large enough to walk through. You can do this by creating a path with small stones. You will first need to clear a large circular space for your labyrinth and collect a pile of small stones. It might help to draw the design in the dirt with a stick before you begin laying your stones. Make sure your paths are wide enough to walk through easily.

When your labyrinth is complete, walk slowly through it, and invite friends and family to do the same. Walking a labyrinth can be a very relaxing experience! In fact, you can sometimes find them in parks, on hospital grounds, or in other types of sanctuaries. Whenever you see a labyrinth, take some time to walk through it.